

Awareness days and official sources

These are all the awareness days on disabilityinclusioncalendar.org. Each one links to the organisation that runs it, so you can check the date for yourself.

Every date was checked against its official source on 26 September 2026.

21 awareness days and 1 awareness month, in calendar order

Date	Awareness day	Official source
4 January	World Braille Day	United Nations un.org/en/observances/braille-day
Last day of February Next dates: 28 Feb 2027 29 Feb 2028	Rare Disease Day	EURORDIS – Rare Diseases Europe rarediseaseday.org
3 March	World Hearing Day	World Health Organization who.int/campaigns/world-hearing-day
21 March	World Down Syndrome Day	United Nations un.org/en/observances/down-syndrome-day
26 March	Purple Day (epilepsy)	Purple Day purpleday.org
2 April	World Autism Awareness Day	United Nations un.org/en/observances/autism-day
11 April	World Parkinson's Day	Parkinson's Europe parkinsonseurope.org/campaigns/world-parkinsons-day/world-parkinsons-day-a-brief-history
Third Thursday of May Next dates: 20 May 2027 18 May 2028	Global Accessibility Awareness Day	Global Accessibility Awareness Day accessibility.day

Date	Awareness day	Official source
19 May	World IBD Day	European Federation of Crohn's & Ulcerative Colitis Associations (EFCCA) worldibdday.org
30 May	World MS Day	MS International Federation worldmsday.org
18 June	Autistic Pride Day	Autistic Pride Day autisticprideday.org/june-18
27 June	International Day of Deafblindness	United Nations un.org/en/observances/deafblindness-day
All of July	Disability Pride Month	American Association of People with Disabilities (history of the month) aapd.com/history-of-disability-pride-month Physical Disability Australia pda.org.au/2025/07/29/acknowledging-disability-pride-month
21 September	World Alzheimer's Day	Alzheimer's Disease International alzint.org/get-involved/world-alzheimers-month
23 September	International Day of Sign Languages	United Nations un.org/en/observances/sign-languages-day
6 October	World Cerebral Palsy Day	World Cerebral Palsy Day worldcpday.org
Second Thursday of October Next dates: 8 Oct 2026 14 Oct 2027	World Sight Day	International Agency for the Prevention of Blindness (IAPB) iapb.world/world_sight_day
10 October	World Mental Health Day	United Nations un.org/en/healthy-workforce/world-mental-health-day

Date	Awareness day	Official source
15 October	International White Cane Day	World Blind Union (statement published by IAPB) iapb.org/news/world-blind-union-celebrates-international-white-cane-safety-day-the-universal-symbol-of-independence
29 October	World Stroke Day	World Stroke Organization world-stroke.org/world-stroke-day-campaign
14 November	World Diabetes Day	United Nations un.org/en/observances/diabetes-day
3 December	International Day of People with Disability	Australian Government idpwd.gov.au United Nations (International Day of Persons with Disabilities) un.org/en/observances/day-of-persons-with-disabilities

About the dates

- Three days move each year: Rare Disease Day, Global Accessibility Awareness Day and World Sight Day. The next dates are shown under each one.
- “International Day of People with Disability” is the Australian Government’s name for the United Nations’ International Day of Persons with Disabilities.
- Websites can change over time. If a link no longer works, search for the awareness day’s name and the organisation.